

**This Kids Note is a publication of the
Nassau County Police Department.**

For further information, call the
Nassau County Police Department
Public Information Office
at 516-573-7135.

**We wish to acknowledge the following for her efforts in helping to
create this publication:**

Rebecca Toback, Summer Intern NCPD Public Information Office

Public Information Office:

Detective Lieutenant Kevin Smith, Commanding Officer
Ann Schockett, Civilian Supervisor IS3, Editor-in-Chief, Print Publications
Thomas Romeo, AV3, Associate Editor, Print Publications

THOMAS R. SUOZZI
COUNTY EXECUTIVE



LAWRENCE W. MULVEY
POLICE COMMISSIONER

**Kids
Safety Notes**
907.3

**Nobody likes a
Bully**

Bullies are mean. They
can hurt you and make
you sad. If you are
being bullied, tell an
adult you know.

The Nassau County
Police Department
wants to help you
be safe.



ACTIVITY BOOK

For Grades 1-3



READ THIS AND THEN GO TO THE NEXT PAGE

Do you know a bully?

They are not nice people.
They can be students like you, neighbors or relatives.

Where are bullies?

Bullies can be anywhere.
Bullies may be at your camp, inside your school
or at the playground.
They can know you or be strangers.

What do bullies do?

Bullies tease people.
Bullies push people. Bullies hurt people.
Bullies scare people.

What can you do?

You have to be careful.
Play nicely. Stay away from mean bullies.
Try not to act scared around bullies.
Do not let a bully put you down.
If you are bullied, you must tell an adult.
If a friend is being bullied, go and tell an adult.
Tell your parent or teacher.
A Police Officer can also help you.



There are many people who
are bullies.

Together we can stop bullies
from hurting people.

We can create a safe world.

PUZZLE ANSWERS

Fill in the blanks

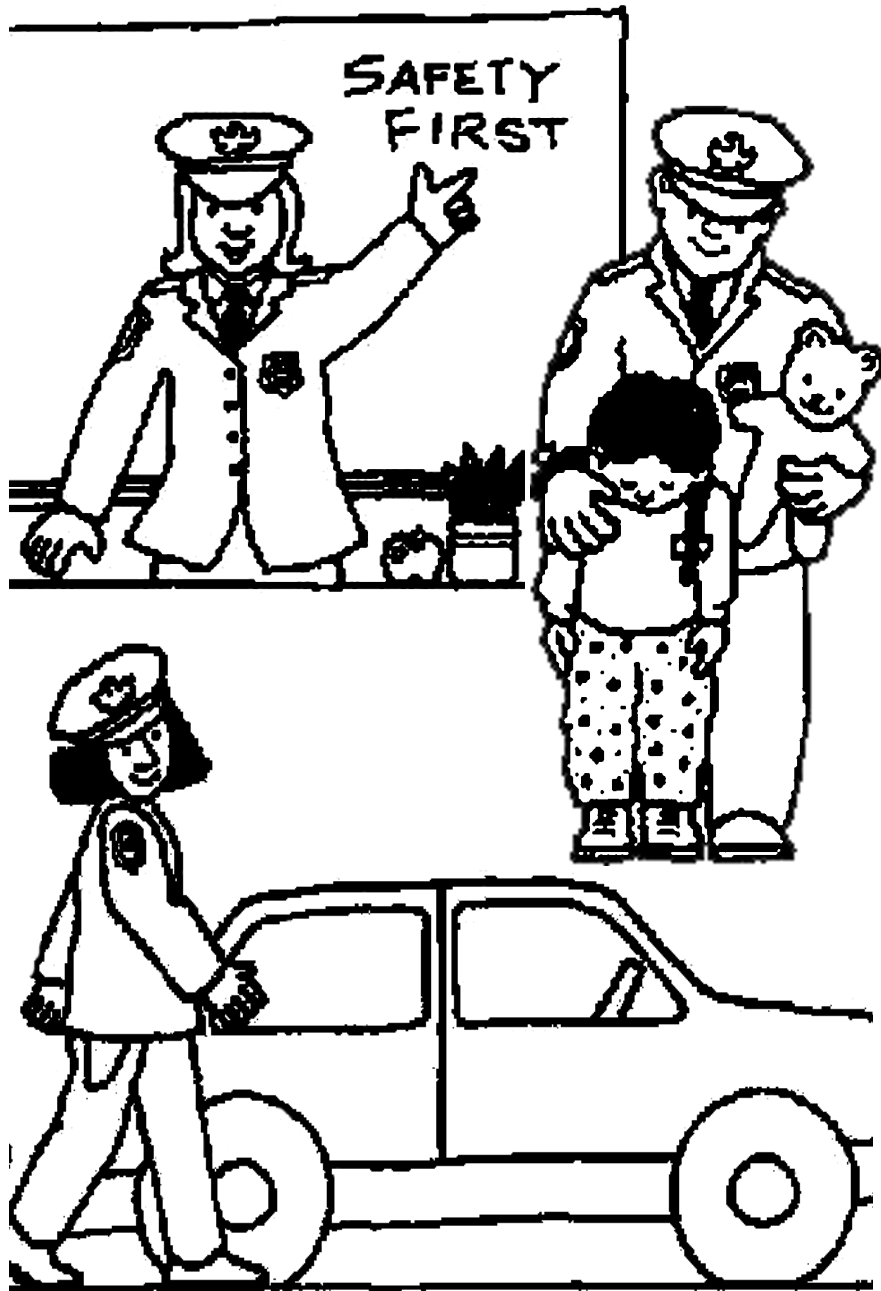
1. Bullies can be anywhere.
2. Bullies can be at the playground.
3. Play nicely.
4. If you are bullied, you must tell an adult.
5. Tell your parent or teacher.
6. A Police Officer can help you.

B e n i c e !

Word Search

N U F N + + +
P L A Y I + +
B U L L Y C +
T E L L + + E
T E A C H E R
H O M E + + +
E C I L O P +

COLOR THE PICTURES OF POLICE OFFICERS HELPING PEOPLE



FILL IN THE BLANKS

Use the letters to make an
Important Message:

1. ___ullies can be anywhere.
2. Bullies can be at th___ playground.
3. Play ___icely.
4. ___f you are bullied, tell an adult.
5. Tell your parent or tea___her.
6. A Polic___ Officer can also help you.

1 2 3 4 5 6 !



NOBODY LIKE A BULLY!

Always be nice.

Your friend should be nice. When a friend is not nice he or she may be a bully. If your friend hurts you, he or she may be a bully. A bully sometimes calls you mean names, picks on you and hurts you. That is not right.

No one likes the mean kid at the playground. Stick up for yourself and your friends.

Never leave anyone out.

Even if you do not like people, they can still play with you, and you can have fun together.

Sharing is caring.

Share with friends. Do not boss your friends around.

Tell an adult.

If someone is not nice to you or if someone is not nice to your friends, tell an adult. Tell your mother, father or teacher. Tell your older sister, older brother, grandmother or grandfather. Tell a neighbor or a Police Officer.

A Police Officer is there to make sure all people are nice.

WORD SEARCH

Circle these words in the puzzle

(They can be left to right, right to left, up, down or diagonal!)

BULLY	PLAY
FUN	POLICE
HOME	TEACHER
NICE	TELL

N U F N M H H
P L A Y I I W
B U L L Y C N
T E L L V D E
T E A C H E R
H O M E E W B
E C I L O P V

Remember:

- Telling is not tattling!
- Help your friends!
- Play nicely with everyone!
- Make friends!
- A bully is a mean person.
- Bullies are not people to be friends with.
- Be safe!
- Always stay happy!
- Tell an adult if you are not happy or safe.
- Tell a Police Officer if you need help.